



Northern Ontario a new beginning.

Multiculturalism

The Northern Ontario population reflects a vast diversity of heritages with various cultural groups playing an integral part of the social fabric in each community.

Settlement services are accessible in each of the five major centres. Information and assistance with consumer and community programs, employment, housing, education, health care and Canadian Law are available.

A variety of services, including needs assessment and referrals, assistance with completing government forms, language training, mentorship and translation are also offered.

Location

The region enjoys close proximity to the U.S. border and both Ottawa, Canada's capital, and Toronto, Ontario's capital.



TRAVEL DISTANCE TO MAJOR CENTRES (kilometres/miles)

	BUFFALO	CHICAGO	DETROIT	MILWAUKEE	MINNEAPOLIS	NEW YORK	TORONTO
NORTH BAY	490/306	1144/715	683/427	1291/807	1342/839	770/478	344/214
SAULT STE. MARIE	902/564	805/503	555/347	638/399	859/537	1111 /690	690/428
SUDBURY	534/334	1110/694	730/456	944/590	1214/759	858/533	386/240
THUNDER BAY	1606/1004	1061/663	1259/787	944/590	555/347	1484/922	1384/860
TIMMINS	835/522	1381/863	1030/644	1216/760	1322/826	1046/650	690/429



Economy

Building on the region’s well established resource base, the diversified economy now includes critical mass in advanced manufacturing, aerospace, information communication technology, alternate energy, and health sciences.

Balanced Lifestyle

Low cost of living, short commutes to the work place, combined with excellent health care, low crime rates and clean air are just some of the factors that contribute to the balanced lifestyle enjoyed by those living in Northern Ontario.

A wide variety of affordable housing options, sports and leisure activities and a vibrant arts and culture community all make Northern Ontario an exceptional place to live.

All five major centres offer big-city amenities surrounded by untouched natural beauty. Lush forests, rocky landscapes and thousands of lakes, rivers and streams welcome everyone who wants a change from the fast pace of big-city living.



Clean air, sparkling water, safe communities and warm friendly people await you in this unique region of Ontario.



Education

Quality elementary and secondary bilingual educational opportunities are offered throughout the North. Public and private technical colleges and universities offering a variety of training options are found in each of the major cities along with English and French language training, which are available through various agencies.

Health Care

All five cities offer regional medical facilities and access to state-of-the-art equipment and treatment centres. Specialties include pediatrics, obstetrics, mental health, oncology, cardiac, dermatology and diagnostics.



A Great Place To Do Business

Costs are lower in Northern Ontario, including land and building costs, labour and other necessary facets of doing business. Keeping costs low means that you can add to your bottom line when doing business in the North. Each of our communities has distinct economic advantages that enable their businesses to compete effectively in international markets. Detailed information on each of the cities can be obtained by accessing their websites.

Major Cities

The five major cities in the region are:

North Bay – www.cityofnorthbay.ca

Sault Ste Marie – www.discoverthesault.ca

Sudbury – www.mysudbury.ca/immigration/

Thunder Bay – www.thunderbaycedc.ca

Timmins – www.immigrationtimmins.ca